

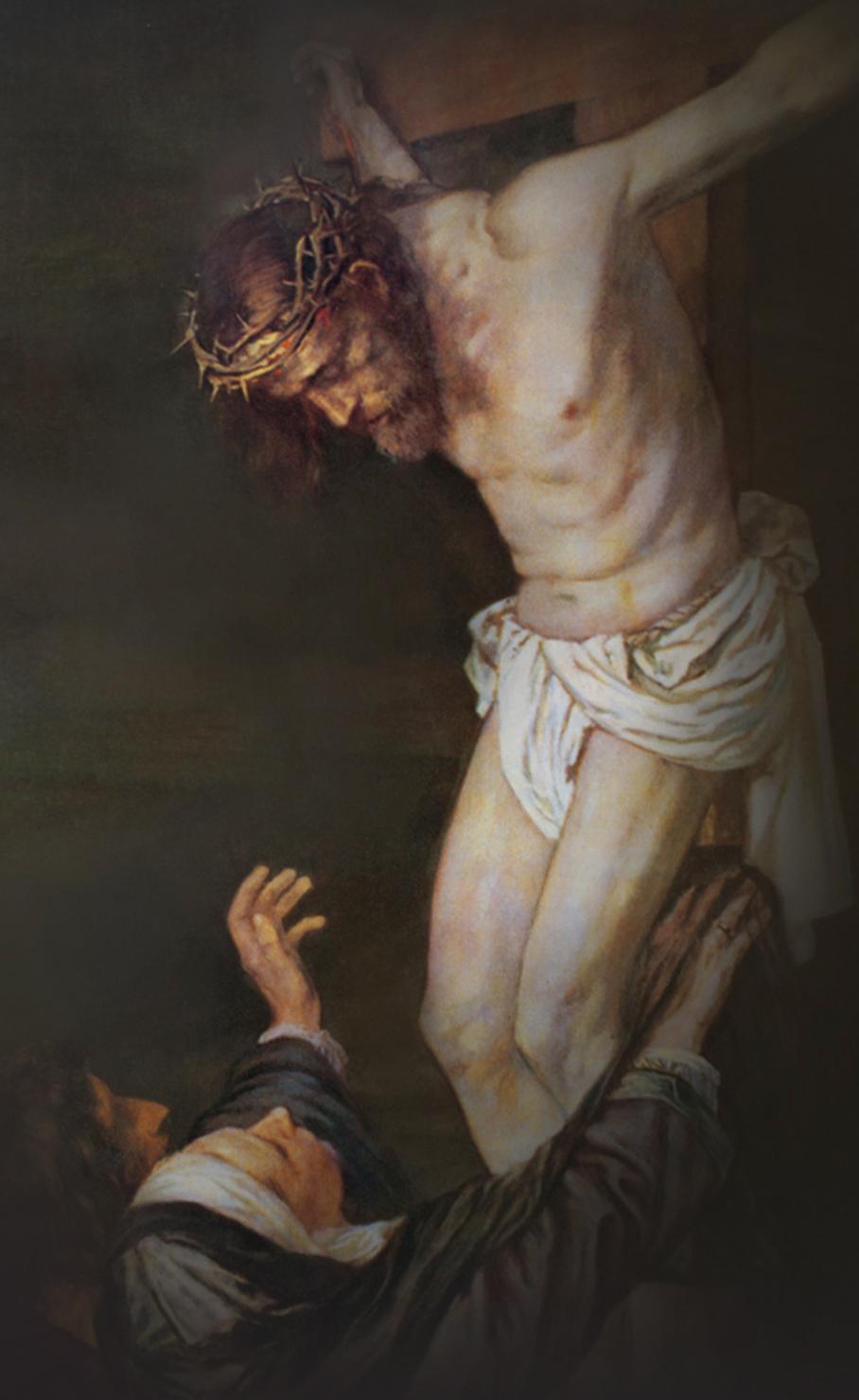


**EWTN**

Global Catholic  
Network

# THE SCRIPTURAL ROSARY

VOLUME 2: THE SORROWFUL MYSTERIES



# THE SCRIPTURAL ROSARY | SORROWFUL MYSTERIES

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# Introduction

“If you desire peace in your hearts, in your homes, in your country,  
assemble every evening to recite the rosary.”

- Blessed Pope Pius XI



*The Most Holy Rosary* is one of the greatest treasures of the Church. Countless saints have become even holier with its recitation. Many popes have begged their flocks to pray the decades. In Marian apparitions – most notably Our Lady of Fátima – Mary herself has asked the faithful to pray the Rosary.

The next few pages will guide us through the Sorrowful Mysteries of the Rosary. When we pray these Mysteries, we can stay with Jesus – as the disciples did not – in the Garden of Gethsemane. We can remember the scourge marks on His Body. We can stand with Him at the foot of His Cross.

When we meditate on Scripture verses during the Rosary, it helps us understand each Mystery more and helps us to grow closer to Our Lord and Our Lady. It is our prayer that this Scriptural Rosary will help you to better meditate on Our Lord’s Passion and Death.

May God bless you, and may you grow in devotion to the Most Holy Rosary.



## How to Pray the Holy Rosary

1. Make the Sign of the Cross and say, "In the name of the Father, and of the Son, and of the Holy Spirit. Amen."
2. Pray the Creed.
3. Pray one Our Father, three Hail Marys, and one Glory Be.
4. Announce the first Mystery. If possible, make a short meditation on the subject of the Mystery. Then pray an Our Father, ten Hail Marys, and the Glory Be. (*While it is not a formal part of the Rosary, it has become usual to pray the "Fátima Prayer" taught by Our Lady to the children of Fátima in 1917.*)
5. This pattern is then repeated on the decades for each of the subsequent Mysteries of the Rosary.
6. After you have completed all the decades, it is usual to pray the Hail, Holy Queen, and other prayers according to custom, though these are not formally part of the Rosary or obligatory.
7. Make the Sign of the Cross and say, "In the Name of the Father, and of the Son, and of the Holy Spirit. Amen."

### **The Creed:**

I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Our Father:**

Our Father, Who art in Heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, on earth as it is in Heaven. Give us this day, our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

### **Hail Mary:**

Hail Mary, Full of Grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.



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## **Glory Be:**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Fátima Prayer:**

O My Jesus, forgive us our sins, save us from the fires of Hell. Lead all souls to Heaven, especially those most in need of Thy mercy.



## *1st Mystery: The Agony in the Garden*

### **Our Father**

### **Hail Mary**

Then Jesus went with them to a place called Gethsemane, and he said to his disciples, "Sit here, while I go yonder and pray."

Matthew 26:36

### **Hail Mary**

And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me."

Matthew 26:37-38

### **Hail Mary**

And going a little farther he fell on his face and prayed, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt."

Matthew 26:39

### **Hail Mary**

And there appeared to him an angel from heaven, strengthening him.

Luke 22:43

### **Hail Mary**

And being in an agony he prayed more earnestly; and his sweat became like great drops of blood falling down upon the ground.

Luke 22:44

### **Hail Mary**

And he came to the disciples and found them sleeping; and he said to Peter, "So, could you not watch with me one hour?"

Matthew 26:40

### **Hail Mary**

"Watch and pray that you may not enter into temptation; the spirit indeed is willing, but the flesh is weak."

Matthew 26:41



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## **Hail Mary**

Again, for the second time, he went away and prayed, "My Father, if this cannot pass unless I drink it, thy will be done."

Matthew 26:42

## **Hail Mary**

And again he came and found them sleeping, for their eyes were heavy. So, leaving them again, he went away and prayed for the third time, saying the same words.

Matthew 26:43-44

## **Hail Mary**

Then he came to the disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand, and the Son of man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand."

Matthew 26:45-46

## **Glory Be**

## **Fátima Prayer**



## *2nd Mystery: The Scourging at the Pillar*

### **Our Father**

### **Hail Mary**

Then they led Jesus from the house of Caiaphas to the praetorium. It was early. They themselves did not enter the praetorium, so that they might not be defiled, but might eat the passover.

John 18:28

### **Hail Mary**

So Pilate went out to them and said, "What accusation do you bring against this man?" They answered him, "If this man were not an evildoer, we would not have handed him over."

John 18:29-30

### **Hail Mary**

Pilate said to them, "Take him yourselves and judge him by your own law." The Jews said to him, "It is not lawful for us to put any man to death." This was to fulfil the word which Jesus had spoken to show by what death he was to die.

John 18:31-32

### **Hail Mary**

Pilate entered the praetorium again and called Jesus, and said to him, "Are you the King of the Jews?" Jesus answered, "Do you say this of your own accord, or did others say it to you about me?"

John 18:33-34

### **Hail Mary**

Pilate answered, "Am I a Jew? Your own nation and the chief priests have handed you over to me; what have you done?" Jesus answered, "My kingship is not of this world; if my kingship were of this world, my servants would fight, that I might not be handed over to the Jews; but my kingship is not from the world."

John 18:35-36



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## **Hail Mary**

Pilate said to him, "So you are a king?" Jesus answered, "You say that I am a king. For this I was born, and for this I have come into the world, to bear witness to the truth. Every one who is of the truth hears my voice." Pilate said to him, "What is truth?"

John 18:37-38a

## **Hail Mary**

After he had said this, he went out to the Jews again, and told them, "I find no crime in him. But you have a custom that I should release one man for you at the Passover; will you have me release for you the King of the Jews?" They cried out again, "Not this man, but Barabbas!" Now Barabbas was a robber.

John 18:38b-40

## **Hail Mary**

Then Pilate took Jesus and scourged him.

John 19:1

## **Hail Mary**

He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not. Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted.

Isaiah 53:3-4

## **Hail Mary**

But he was wounded for our transgressions, he was bruised for our iniquities; upon him was the chastisement that made us whole, and with his stripes we are healed. All we like sheep have gone astray; we have turned every one to his own way; and the LORD has laid on him the iniquity of us all.

Isaiah 53:5-6

## **Glory Be**

## **Fátima Prayer**



## *3rd Mystery: The Crowning with Thorns*

### **Our Father**

### **Hail Mary**

And the soldiers plaited a crown of thorns, and put it on his head, and arrayed him in a purple robe.

John 19:2

### **Hail Mary**

[T]hey came up to him, saying, "Hail, King of the Jews!" and struck him with their hands.

John 19:3

### **Hail Mary**

Pilate went out again, and said to them, "Behold, I am bringing him out to you, that you may know that I find no crime in him."

John 19:4

### **Hail Mary**

So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them, "Here is the man!"

John 19:5

### **Hail Mary**

When the chief priests and the officers saw him, they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him."

John 19:6

### **Hail Mary**

The Jews answered him, "We have a law, and by that law he ought to die, because he has made himself the Son of God."

John 19:7

### **Hail Mary**

When Pilate heard these words, he was the more afraid.

John 19:8



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## Hail Mary

[H]e entered the praetorium again and said to Jesus, "Where are you from?" But Jesus gave no answer.

John 19:9

## Hail Mary

Pilate therefore said to him, "You will not speak to me? Do you not know that I have power to release you, and power to crucify you?"

John 19:10

## Hail Mary

Jesus answered him, "You would have no power over me unless it had been given you from above; therefore he who delivered me to you has the greater sin."

John 19:11

## Glory Be

## Fátima Prayer



## *4th Mystery: The Carrying of the Cross*

### **Our Father**

### **Hail Mary**

Pilate gave sentence that their demand should be granted.

Luke 23:24

### **Hail Mary**

He released the man who had been thrown into prison for insurrection and murder, whom they asked for; but Jesus he delivered up to their will.

Luke 23:25

### **Hail Mary**

So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Golgotha.

John 19:17

### **Hail Mary**

And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus.

Luke 23:26

### **Hail Mary**

And there followed him a great multitude of the people, and of women who bewailed and lamented him.

Luke 23:27

### **Hail Mary**

But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children."

Luke 23:28



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### Hail Mary

"For behold, the days are coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never gave suck!'"

Luke 23:29

### Hail Mary

"Then they will begin to say to the mountains, 'Fall on us'; and to the hills, 'Cover us.' For if they do this when the wood is green, what will happen when it is dry?"

Luke 23:30-31

### Hail Mary

Two others also, who were criminals, were led away to be put to death with him.

Luke 23:32

### Hail Mary

He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is dumb, so he opened not his mouth.

Isaiah 53:7

### Glory Be

### Fátima Prayer



## *5th Mystery: The Crucifixion*

### **Our Father**

### **Hail Mary**

So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Golgotha. There they crucified him, and with him two others, one on either side, and Jesus between them.

John 19:17-18

### **Hail Mary**

Pilate also wrote a title and put it on the cross; it read, "Jesus of Nazareth, the King of the Jews." Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek.

John 19:19-20

### **Hail Mary**

The chief priests of the Jews then said to Pilate, "Do not write, 'The King of the Jews,' but, 'This man said, I am King of the Jews.'" Pilate answered, "What I have written I have written."

John 19:21-22

### **Hail Mary**

When the soldiers had crucified Jesus they took his garments and made four parts, one for each soldier; also his tunic. But the tunic was without seam, woven from top to bottom; so they said to one another, "Let us not tear it, but cast lots for it to see whose it shall be."

John 19:23-24a

### **Hail Mary**

This was to fulfil the scripture, "They parted my garments among them, and for my clothing they cast lots."

John 19:24b

### **Hail Mary**

So the soldiers did this. But standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene.

John 19:25



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### **Hail Mary**

When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold, your son!"

John 19:26

### **Hail Mary**

Then he said to the disciple, "Behold, your mother!" And from that hour the disciple took her to his own home.

John 19:27

### **Hail Mary**

After this Jesus, knowing that all was now finished, said (to fulfil the scripture), "I thirst."

John 19:28

### **Hail Mary**

A bowl full of vinegar stood there; so they put a sponge full of the vinegar on hyssop and held it to his mouth. When Jesus had received the vinegar, he said, "It is finished"; and he bowed his head and gave up his spirit.

John 19:29-30

### **Glory Be**

### **Fátima Prayer**



## About Us

Founded more than 40 years ago by a Poor Clare Nun of the Perpetual Adoration, Mother Mary Angelica of the Annunciation, PCPA, EWTN is the largest religious media network in the world. EWTN's 11 global TV channels are broadcast in multiple languages 24 hours a day, seven days a week to over 400 million television households in more than 160 countries and territories. EWTN platforms also include radio services transmitted through SIRIUS/XM, iHeart Radio, and over 600 domestic and international AM & FM radio affiliates; a worldwide shortwave radio service; one of the largest Catholic websites in the U.S. and second only to the Vatican worldwide; electronic and print news services, including Catholic News Agency, *National Catholic Register* newspaper, and several global news wire services; as well as EWTN Publishing, its book publishing division.

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